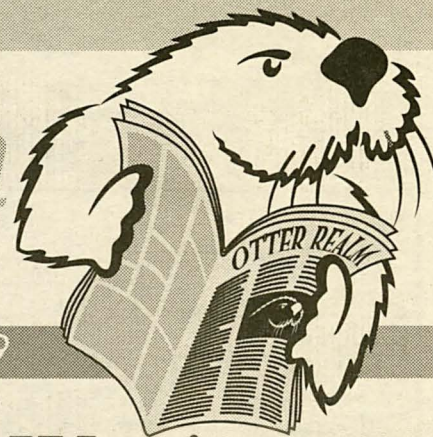


The Otter Realm

Dedicated to Informing a Multicultural Community

Otter Realm Volume 5 No. 8

December 8, 1999



Just clowning around. These two participants were part of the first annual Kelp Kraze festivities. The street-fair type event was well attended. **Story on page 4.**
Photo by Marge Sanico.

Y2K Is On Its Way! Are You Prepared? CSUMB Is!

By Christian Womack

CSUMB is hoping to ease its way into the new year by assembling a team which will try and prevent any problems that may arise with the start of the new millennium. Last spring, in preparation for the coming year, Cal State Monterey Bay put together a Task Force to combat the Y2K bug.

The Task Force includes Ron Smith and Chris Taylor from Information Technology, Jay McTaggart from Public Safety, Anthony Reyes from Facilities, Mike Hartley from FOAM-RA, Tony Lucas from Administration & Finance, Cindy Derrico from Residential Life, and Dino Latino from Emergency Preparedness/Business & Support Services. The Task Force is being chaired by Rich Taylor from Business and Support Services. The team has been hard at

work preparing a plan of action for work and home.

Team members have been brought in from a wide range of campus organizations. According to Dino Latino, outside groups such as PG&E, Pacific Bell and The Monterey County Office of Emergency Services have been consulted in an effort to account for every possible scenario.

To better prepare the campus, the team has a plan. Equipment at CSUMB has been checked for Y2K compliance. The safety and security of the campus has been taken into consideration and dealt with adequately. The team has also looked into alternative power sources and data/telephone preparedness.

Team member Dino Latino said "We think it

Continued on Page 6

CSUMB Introduces New Radio Station on the Internet "Next Big Thing" Takes off at CSUMB

By Caroline Musto

California State University, Monterey Bay is now streaming what was once a radio show through cyberspace. A new CSUMB student-produced live audio show will air on the internet every Monday through Thursday from noon to 2 p.m. "Streaming" is a new technology which enables anyone with a computer and a web browser to hear the show. CSUMB's new radio show, "Bored on the Ord," is being produced by the students and faculty from a class in CSUMB's TAT Institute called "Community Radio."

"The internet is the closest thing CSUMB has had to their own radio station. The show is an outlet for students voices, opinions and expression," says Behnaz Hejazian, a CSUMB junior majoring in Human Communication.

The show will have local and CSUMB bands playing recorded and live music. "This is an excellent opportunity for CSUMB to show the world how we use technology to bring our communities closer together across campus and throughout the Tri-County area," says Steve Levinson, CSUMB TAT faculty and director of the project.

Student producers from the class ensure that the program can be heard at various locations across campus such as the university's Dining Commons and the on-campus cafe and pub, the Black Box Cabaret, thus allowing the campus to be more informed about upcoming events and develop the voice of students.

Levinson's students are enthusiastic about CSUMB's cutting edge technology. "Streaming live audio and video is the next big thing and it's going to be huge. The best thing about streaming

the show over the internet is that I can go on the air and my aunt in Texas can log on and listen to my show. The audience is much broader," says Adri Von Drehle a TAT major graduating in 2000.

According to Ski Romagnoli, locations as far as Chicago, Dallas and Japan have confirmed that the show hath no boundaries!

Another TAT major who will graduate this December, Preston Mullins, enjoys the freedom that the students have on the show and the benefits the show has for the community.

"The CSUMB live internet feed, 'Bored on the Ord,' utilizes state-of-the-art technology to broadcast the pioneering views of

Continued on Page 6



TAT students in the "Community Radio" class experience hands-on experience with their Radio show, which has been picked up in cyberspace by listeners as far away as Japan.

Photo by: Caroline Musto

Alcohol Policy Update Policy Surfaces, but not part of University's policy web page

By Christian Womack and
Kechia Smith-Gran

In the October 6, 1999 *Otter Realm* which tackled the issue of alcohol use on campus, the *Otter Realm* staff's editorial charged that CSUMB had no current official alcohol policy in place. Shortly thereafter, Linda Stamps of Academic Affairs, a senior associate for Accreditation and Policy Development, contacted the *Otter Realm* staff and said that the editorial was inaccurate; that in fact the school, does, indeed, have an alcohol policy which was written in 1994 "before the doors opened," according to Stamps. While this policy does appear in publications such as catalogs and student handbooks, it does not appear on the CSUMB policy development web site at www.monterey.edu/general/policy/develop. There is, it seems, a seemingly reasonable explanation for this omission.

Stamps, who has been at CSUMB since its beginning, was a wealth of information about the history of the university. She is also the Chair of the Policy Facilitation Team, which was approved in September 1998 by President Peter Smith and then Provost Dell Felder. This

Continued on Page 6

Opinion

Editorial: Reflections on the Fall Semester

The fall semester is drawing to a close. The staff of the Otter Realm has enjoyed the last few months. As we sat back and reflected on the fall term, we savored all of the lessons we have learned. And now we have compiled a top 10 list of those lessons to share with the CSUMB family. Have a wonderful holiday season and we will see you next spring!

Top 10 Lessons We Have Learned

- Group work is harder than doin' it all yourself.
- Most people only share their opinion when you don't want it.
- When the UPD comes to break up your party...just open the door.
- Embrace Controversy.
- In some ways we are all minorities.
- There's no rule at CSUMB that can't be bent/broken/changed. Take any version of your class syllabus for example.
- Empathy is alive and well on campus.
- Apathy is alive and well on campus.
- Some people are ~~sensitive~~ paranoid about giving their definition of multiculturalism.
- There is a difference between being inaccurate and being wrong- both are no fun.

Otter Realm Staff



A Fond Farewell:

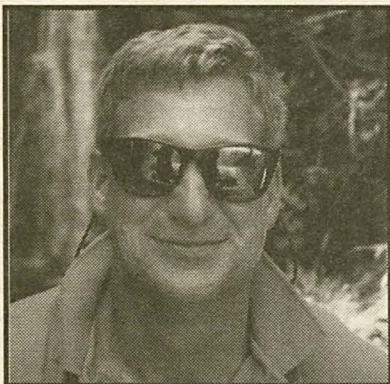
I would like to bid a fond farewell to my short time in the position of Editor-in-chief of the *Otter Realm*.

Kudos to the *Otter Realm* staff, who worked each issue to bring a quality product to the University community. Though we have not been without our detractors, we were able to keep in mind that we are learning this craft called journalism. Praises to Holly White, my *Otter Realm* advisor and instructor who was able to shift hats, keep her sanity and her sense of humor throughout the past tumultuous 19 weeks.

A large amount of gratitude goes out to University Advancement's Marge Sanico and Richard Westing for helping get things done during the hectic semester. Also, a warm and generous THANK YOU to Debian Marty, Rina Benmayor, Raul Reis for their guidance and support from the HCOM department.

The next Editor-in-Chief will begin anew in the spring with some returning and some new staff members. This EIC will go about making this university newspaper a better product, and continue nurturing journalists for the "real world." A challenge to those who make it a sport to slam the *Realm*: step up to the plate and contribute; become part of the solution, not just the noise. For those who would like to become part of the university's student-run newspaper: come on in, don't be shy.

Fare-the-well, *Otter Realm*. As for me, I'm going to blend into the masses and become just a regular student here at CSUMB. Yep, a full schedule, fairly sane hours, antacid-free existence for me! Woohoo!



Will the real Robert Alexander please stand up?

Robert Alexander (above) was kind enough to share his definition of Multiculturalism with us in the November 22 issue of the *Otter Realm*. We printed the wrong picture. We regret the error and wonder how we could have missed such a great-lookin' guy. Photo provided by Vicki Hawse

Correction:

In the article, 'The University's Definition of Multiculturalism at CSUMB' (*Otter Realm*, November 22), we inaccurately stated that the definition of multiculturalism given to us by Dr. Patti Hiromoto was the university's official definition. The definition is from an official CSUMB task force report, which was written for the use of the university, i.e. the task force on diversity. Dr. Hiromoto did provide the definition in response to a request to the question "How does the university define multiculturalism?" However, the *Otter Realm* was inaccurate when it stated that the definition was the "official" definition for the university. The university does not, in fact, have one singular definition for multiculturalism. We regret the error.

Letters to the Editor

Dear All,

In the coming months, I will again be participating in a very special and powerful event to help raise awareness about AIDS. I am writing to ask you all to come with me again this year to share this experience. Last year your encouragement and support were my inspiration throughout my training and those moments on the Ride when I wasn't sure that I could continue on.

In June, 2000, I will take seven days to ride my bicycle 570 miles from San Francisco to Los Angeles with over 2,900 other people in an event called the California Aids Ride® 7. We are riding to raise money for the San Francisco AIDS Foundation and its mission to end the AIDS pandemic and the human suffering caused by AIDS. Together, we raised more than \$11.1 million last year for individuals living with, at risk for, and affected by HIV and AIDS, and important AIDS prevention programs in San Francisco and Los Angeles.

I have agreed to raise at least \$2,500 in pledges between now and the beginning of the Ride on June 4th. I need your help to meet my goal. I am asking that you make a pledge in the amount that is right for you. Please keep in mind how far I am riding, the commitment I have made, and how long I will have to train for this event!

You have heard the numbers before, but it is easy to become numb to that information. Let's consider them again, AIDS has affected nearly all of us, having taken more than 418,000 of our loved ones. In addition, it's estimated that over 1,000,000 are living with HIV right now in the United States alone. With your support, you can share with me in the commitment and hope to avert any more deaths caused by this pandemic and to help those who are in desperate need of care.

If you decide to contribute, all you need to do is reply to this e-mail, and I will contact you next semester and give you a pledge form along with a stamped & addressed envelope for you to send into the California AIDS Ride. And as always I welcome your comments and questions.

All my best,
Angelic Cricchio, Grad Student

To: Otter Realm
From: President Peter Smith

Re: Nov. 22 *Otter Realm* /
"Multicultural"

Editor:

The *Otter Realm* did a great service to the campus community when you produced and published the Nov. 22 "Multiculturalism" edition. There are as many definitions of "multicultural" as there are students, faculty and staff members on campus, and more commonality than disagreement on its meaning and its implication. That was precisely my point as I drafted my own "40-word definition".

I congratulate all those who responded to the *Otter Realm* request to provide their brief definitions. I think everyone knows that there cannot be one single definition of this complex subject. Among all those definitions I heartily agree with, perhaps the simple quotation on page three summed it up most eloquently; "There are only two races of Human beings (sic), the decent and the indecent."

My hope for our future as a growing campus community is that we continue to find more commonality than disagreement, and that we become increasingly decent as a group of individuals sharing a common desire to create a campus "...where all learn and teach one another in an atmosphere of mutual respect..."

CSU Monterey Bay Student Run University Newspaper

The Otter Realm

Dedicated to Informing a Multicultural Community



Editor-in-Chief: Kechia Smith-Gran

Staff Reporters: Ted Benbow, Stephen DuBose,
Caroline Musto, Mary Patyten, Leon Smith,
Charles Stringer, Christine Svendsen, Judie Swartz,
Christian Womack

Photographers: Amy Lauder, Vicki Hawse,
Caroline Musto, Marge Sannico, Steve Zmak

Advisor: Holly White

Layout: Judie Swartz

Advertising/Business

Manager: Jose C. Ibarra

Photo Editor: Leon Smith

Sports Editor: Ted Benbow

Construction Alert From the U.S. Army

U.S. Army contractors will be constructing two groundwater extraction wells and associated pipelines in the Fredricks Park housing area between Yorktown and White Courts. Construction will begin in January and end by June 2000.

Area residents may experience some inconvenience while the pipeline is installed. No access roads will be closed during construction. Drilling operations will be completed by the end of March. Noise and equipment will be held to an absolute minimum during the construction activities, which will be confined to the hours of 8 a.m. and 5 p.m., Monday through Friday. If changes to this schedule are required, a notice will be distributed to area residents.

Construction sites will be fenced. All excavations will be secured before crews depart. All equipment will be secured in a fenced area whenever crews are not present.

The construction and operation of these wells and pipeline are necessary as part of the U.S. Army environmental cleanup of the former Fort Ord. The cleanup includes extracting contaminated groundwater from under former base treating it and then returning it to the

ground. The drinking water for residents will not be effected by the construction or the operation of the wells. The groundwater contaminants that are the object of the cleanup are confined to a shallow groundwater layer approximately 100 feet below the former base and are not exposed to the surface. Resident drinking water supply wells, which are deeper and outside the area, are not effected.

Water extracted using the new wells will be contained within specially constructed double-walled piping with sensors installed to monitor operations. No contaminated groundwater will be released during the installation and operation of the wells and pipeline.

An information session describing this construction will be held for residents on Thursday December 9, 1999 at 7:00 p.m. in housing. Check general news for the exact location.

An update on the construction of the project which is called the Operable Unit 2 Expansion will be available on line at: www.harding.com/fo/temp/ beginning February 2000. Further information is available by calling Lyle Shurtleff at (831) 393-9691.

January Opening Set for Student Center

By Kechia Smith-Gran

Matt Kritscher, Coordinator of Student Activities & Career Development, announced that the **CSUMB Student Center** is on track for its grand opening during Spring Orientation on January 24, 2000. The Center, located in building 14, between the dining commons and the library, will include space for Student Voice offices, a student lounge a 30-person conference room, and recreation. In a message posted to General News, Kritscher listed amenities including a 6' rear-projection television/VCR, pool tables, air-hockey tables, board games, food and drink vending, and a sound and television system.

In the hopes of keeping the center open at least eight hours a day, Kritscher is hoping that lots of volunteers will help staff the Student Center. These volunteers will have privileges that include monthly pizza parties, use of equipment, plus the chance to "choose the music played."

Kritscher is hoping that students will spread the word around about this coming attraction. For those who want more information, contact Matt Kritscher in Student Activities and Career Development at 582-4070 or by email.

To 'Katch' a Thief: 'Kelp Kraze' Banner Stolen

By Kechia Smith-Gran

The Marina Police Department is on the lookout for a banner bandit. During the last week of November, someone absconded with the CSUMB custom-made 'Kelp Kraze' vinyl banner. A collector, perhaps?

The 30-foot -banner, valued at \$600, was stolen from the walkway/overpass on Del Monte Ave in Marina according to the police report filed on November 30. The costly banner was used to advertise the first annual Kelp Kraze, and the department was planning on using the banner for future Kelp Kraze festivities..

If anyone has any information, please contact 582-4141. University Advancement is offering a reward for the banner's return, "No questions asked," said Lin Blaskovich, Public Affairs Coordinator.

**At these prices, it's too bad
we don't sell cars.**

Maybe one day we will sell cars, food and everything else you need. But right now, it's great deals on textbooks every day. You can save up to 40%, and you'll get your books in 1 to 3 days. Not that you would, but don't sweat using a credit card. VarsityBooks.com is 100% guaranteed secure. Try saying that about a new SUV.

SAVE UP TO 40% ON TEXTBOOKS.

 **VarsityBooks**.com

Features

On Campus Admissions Day '99

By Caroline Musto

Over 200 prospective students and approximately 450 parents, friends and family members participated in On-Campus Admissions Day on Saturday, November 20th. Despite the threat of rain, they came with their parents, friends, siblings and children to find out more about the new CSU on old Fort Ord.

On-Campus Admissions Day is an opportunity for high school seniors and transfer students who are CSU eligible to be admitted on the spot. Last year 350 students and their parents participated in On Campus Admissions Day and approximately 120 were conditionally accepted. Many more participated this year and 160 students were accepted on Saturday. This was the fourth On-campus admissions day that CSUMB's Student Outreach and Recruitment has hosted. Each year brings more and more students interested in becoming part of the University of the 21st Century. A well-placed advertising campaign may have helped make this On Campus Admissions Day

the most well-attended.

CSUMB junior, Tracy Burke, who participated in the first ever On-Campus Admissions Day in 1997 enjoyed her chance to become familiar with the campus. "I really liked On Campus Admissions Day. It was a great way to actually experience the school before enrolling. I was nervous as I went through the process that day- waiting to find out if I would be admitted. I was able to find out that day that I was accepted and didn't have to wait weeks and weeks wondering what would happen."

They arrived by bus and by car as early as 7 a.m., applications and transcripts in hand. College-bound students were admitted between 7 a.m. and 4 p.m. While they waited for their applications and test scores to be reviewed, they partook in the kooky Kelp Kraze festivities on Sixth Avenue. The street was completely transformed from the major classroom highway to a street faire-type of event. There was so much activity: a juggler, a unicycle-riding clown, a rock climbing wall, a Velcro wall, and a dunk tank. Children of every age

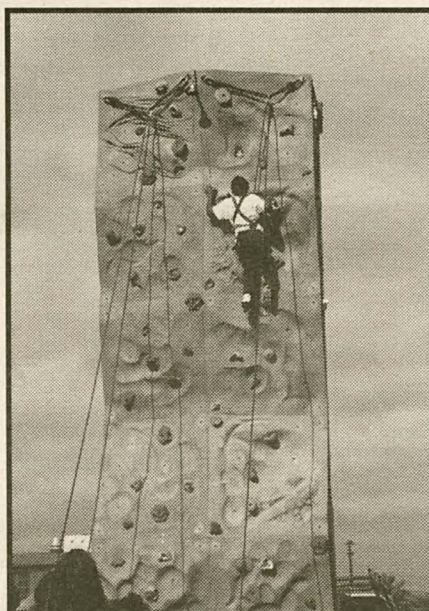
swarmed the Sixth Street area.

Teledramatic Arts and Technology (TAT) students put on a film festival, CSUMB band, Jon Peach and Pepperstomp played the rain away. Earth Systems Science & Policy's (ESSP) Rikk Kvitek hosted a lecture on mapping marine habitats, and the public was given tours of the all the new buildings and facilities. CSUMB's Otter Dance Team and the local "Monterey Stars" dance team performed for the crowd while the Hawaiian Dancers were scared away by the threatening skies. For all those gambling hearts RHA hosted a Las Vegas-style chapel, complete with a pastor and wedding rings.

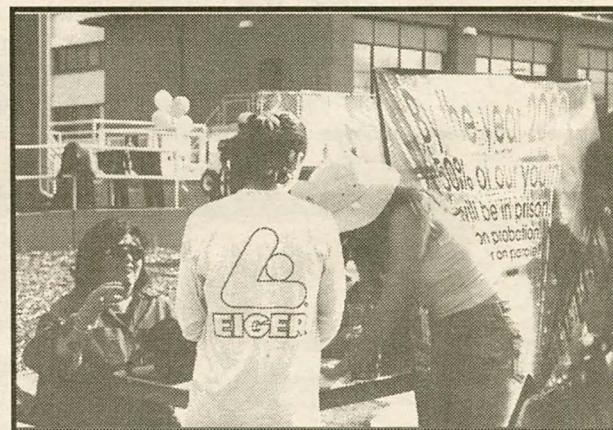
Many student organizations, sports teams and majors took part in making this first-time event a fun-filled one, handing out information alongside treats. It seemed like half the student body was out in green shirts working to show off our school. Sure Sixth Avenue doesn't always look quite like it did on Saturday, but it never will until CSUMB has considerably more students.



The Women's Volleyball team put tatoos on visitors during the day.
Photo by Amy Lauder



Because it was there! A brave soul climbs on the rock-climbing wall provided by Sanctuary Rock Climbing Gym.
Photo by: Amy Lauder



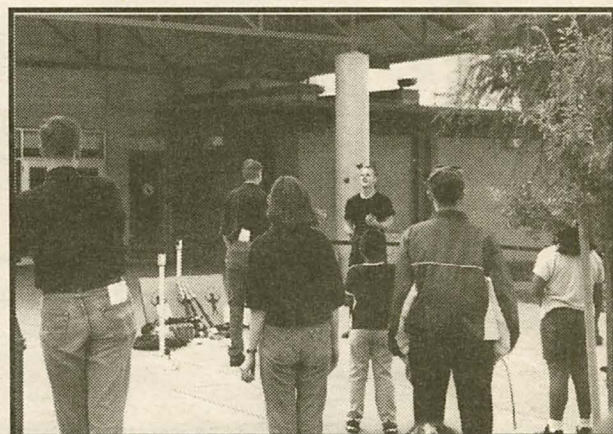
Dr. Amalia Mesa-Bains tells prospective students about the wonders of the VPA program.
Photo by: Amy Lauder



The Otter mascot greeted visitors at Kelp Kraze. "Hello and welcome to CSU Monterey Bay!"
Photo by: Amy Lauder



The Folklorico Dance Troupe from Watsonville performed a lively number.
Photo by: Amy Lauder



Steve The Juggling Guy entralls the crowd in front of the World Theatre.
Photo by: Amy Lauder

Features

Six New Faculty Join CSUMB

By Stephan DuBose

New faculty members bring diversity and commitment to the Vision Statement. The six faculty introduced here, four who teach classes and two who work in the library, hold a host of degrees and show a wide range and depth of education. These faculty bring rich personal and professional experiences from around the state, from different parts of the country and from outside the United States.

Claudia Peralta-Nash teaches Education 602 and 615. ED 602 is an Advising Seminar for future teachers and ED 615 is a Spanish-instructed course for K-8 teachers working on their bilingual teaching credentials. Reading, writing and working with children are her passions and she wants to become familiar with the elementary schools within the area, learn about their bilingual programs and become an active member of the teaching community. Professor Peralta-Nash is from Paysandu, Uruguay. "I was drawn to CSUMB by the underlying multicultural philosophy, the commitment to create an equal learning environment for linguistically and culturally diverse students and because of the diversity in the student/faculty body population," she said.

Donald Pierce is the Director of the Institute for Mathematical Science and Applications. Professor Pierce is working to empower students to succeed and to contribute to the "culture of innovation." Dr. Pierce is former Executive Director of Education at Heald Colleges and has over 15 years of college classroom experience, a doctorate in functional analysis from the University of Colorado in Boulder

and an undergraduate degree in math and computer science from UCSC. Professor Pierce wished to be here because he strongly identifies with the Vision Statement and "...CSUMB's commitment to innovative learner centered instruction as a means of overcoming obstacles to student success."

Lisa Rowlison is the Coordinator of Bibliographic Services and is responsible for the Library's Voyager catalog in addition to other duties. Rowlison was a librarian at Lewis & Clark College in Portland, Oregon. Rowlison was born in New Mexico and spent the second half of her youth there. She has lived most of her life in the San Francisco Bay Area and received a B.A. in Philosophy and an M.A. in Library & Information Science from U.C. Berkeley. Rowlison spends her personal hours with her husband at the ocean, in the mountains, or exploring small towns in the West. Rowlison is especially fond of her ceramic studio. Her current focus is on sculptural forms. Rowlison sees her position as one of challenge and potential and she values intellectual stimulation in her professional work. Rowlison said, "The CSUMB Vision Statement as well as the nature of the institution itself both played significant roles in my coming here."

Hongde Hu currently teaches Calculus II (with Earth Systems Application). Professor Hu's interests lie in the use of technology in classroom teaching and feels that computer technology can help students learn to think mathematically. Hongde Hu has presented his research at institutions from Stanford to Cambridge (UK). Hu's research pursuits include studies of combinatorics, logic and theoretical computer sci-

ence, particularly in the game semantics of typed functional programs. Hongde Hu had been a lecturer at the University of Pennsylvania and won Teaching awards in 1998 and 1999. "I believe that good teaching cannot exist in a vacuum. It flourishes at institutions, which consistently demand it, support it, and value it. CSUMB is such an institution."

Kathlene Hanson is the Electronic Resources Coordinator for the Library. Hanson helps manage the library website and electronic bibliographic databases and is the liaison to the Education and IMIE classes. Kathlene was the Reference and Electronic Resources Coordinator at the Dominican College of San Rafael, and she has taught in Germany, Japan, New York and Illinois. Kathlene has an M.S. in Library and Information Sciences from the University of Illinois Urbana-Champaign and an M.A. in Comparative Literature from State University of New York Binghamton. Kathlene also holds two undergraduate degrees from Northern Illinois University in English Language & Literature and German Language & Literature.

R. William Maule is a professor in the CST Department and teaches Senior Capstone 400. Professor Maule was the Chair of the Department of Organizational Studies and the Director of the Systems Management Program at the College of Professional Studies at San Francisco State University. Professor Maule earned a Masters degree in Library Information Science from U.C. Berkeley in 1993 and has Ph.D. in Education and a Masters in Communications from the University of Florida, as well as a B.A. in Business from Michigan State.

KWANZAA: African American Winter Festival

By Natalie "Nikki" Stringer and Charles Stringer Jr.

Kwanzaa is not a religious holiday like Hanukkah or Christmas. Kwanzaa is an American festival that honors African America. It starts on December 26th, the day after Christmas. It is a time when we stop and remember the past as we work together for the future.

Some of our ancestors came from Africa. They were proud and beautiful people. Some of them lived in great kingdoms. Their rulers wore ivory, gold, and precious stones. They were great warriors. Many of them lived in smaller family groups as many African Americans do today. Some traveled together with their livestock. Some lived in small villages or in the rain forests. Many of them worshipped their own gods and had their own festivals and holy days. They made music and art and told stories of their ancestors. When the Europeans came to Africa, all that changed.

Many of the Africans were captured and taken away on ships. They did not know where they were being taken or what was going to happen to them. When they reached land, they were sold as slaves. Much of their traditions and history were lost. The enslaved Africans created new traditions, and they made up new stories. They fought against slavery in many ways. In their stories they spoke of freedom. In their

churches they sang beautiful spirituals about freedom. They even stole away North, to freedom.

As time passed, many Americans began to see that slavery was wrong. In the Northern part of the Country, many people were against slavery. In the Southern part, many people favored slavery. In the North, the people worked in factories and used machines. They did not need slave labor. In the South, the enslaved Africans worked on huge farms called plantations. The Southern plantation owners worried that if slavery ended, there would be no one to work in their fields. The North and South grew less and less friendly with each other.

When Abraham Lincoln became President, the Southern states feared he would tell them to free the slaves. They decided to secede from, or leave, the Union. They wanted to be their own country. America had a civil war. At the end of the war, the North and South reunited. Slavery was outlawed. The Africans were finally free. The African Americans were free, but they did not have many of the civil rights offered to other Americans. Civil rights are the basic freedoms that every citizen in our country has. These rights were won for African Americans through the civil rights movement. Because of the work of many people, African Americans have the right to vote, attend any school or university, get good jobs, live

where they want, and sit anywhere they choose (*this is the way it's supposed to work*).

Each new right was won only after great struggles. In 1966 a man named Dr. Maulana Karenga was one of the people involved in the civil rights movement. As part of his fight for African America he created a festival. He called this *Kwanzaa*. Kwanzaa is a word that comes from Swahili. It means "first fruits". It is a celebration of the bounty of the earth. Swahili is a language that is spoken all over Eastern and Central Africa. Dr. Karenga chose this language because he wanted African Americans to remember that the whole of Africa was their ancestral land, not just one country in Africa. Kwanzaa is based on many other first-fruit celebrations in Africa, but Dr. Karenga created this one for Africans in America.

Kwanzaa is based upon seven principles or beliefs. We call these beliefs the *Nguzo Saba*. There is one principle for each day of Kwanzaa. Even though we celebrate Kwanzaa only once a year, we are supposed to keep the principles of the *Nguzo Saba* every day of our lives.

The first day of Kwanzaa is called *umoja*. That means unity. Only by having strong families and creating a community will African Americans be able to maintain unity.

The second day is *kujichagulia*. That

means self-determination. People must stand up for themselves. They must tell others what they want. They must not let anyone else decide their future.

Ujima is the third day. We must work together and help each other. We must take responsibility for our problems and the problems of those around us, and help each other solve those problems.

The fourth day is *ujamaa*. This means that we support African-American businesses.

The fifth day is *nia*. *Nia* means purpose. African Americans must make it their purpose to maintain the dignity of their ancestors. It is important to maintain families, build communities, attend colleges, and open businesses. Their purpose must be to claim their rightful place in the world.

Day six is *kuumba*. This word means creativity. Our ancestors made music, danced, and created beautiful works of art. It is up to us to create our own art. We must work to make our community proud. In the evening of *kuumba*, we celebrate the *karamu*. *Karamu* is the great feast of Kwanzaa.

The last day of Kwanzaa is *imani*. On this day we celebrate ourselves. *Imani* means faith. We must have faith in our own beliefs and in our abilities. We must have faith in each other and our dreams for the future.

There are some special things that belong on the table at Kwanzaa time. One of those things is a straw mat we call a *mkeka*. The

Continued on page 7

News

Alcohol Policy: Continued from page 1

team was put in place to review new policy development, and to re-evaluate any of the policies that were in place when the university opened. Stamps stressed that when CSUMB opened, there was no process to approve the policy that she authored, which was approved by Dr. Smith and his designees. Stamps said the policy that she wrote was a composite of information gathered from within the CSU system, most notably CSU Fresno's alcohol policy, as well as Title V of the Education Code, and policies from both academic and professional entities. We received a copy of the document that Stamps had authored, titled "Interim Alcohol and Other Drugs Policy in Compliance With the Drug-Free Schools and Communities Act," had "DRAFT" across the top and was not dated. It consisted of a preamble, standard of conduct, legal requirements and university requirements.

As of the print date of this article, the policy written and refined in 1994 had **not** gone through the formal steps of policy development which is now required for all policies. The final version of this draft appeared in the CSUMB publication, *Student Conduct Interim Policies Doing the Right Thing*, which was available to the first students at CSUMB in 1995. According to Rich Taylor, a member of the PFT, "In 1994 Linda Stamps was involved in developing a policy on alcohol for our campus. That policy is still in place at this time. Now that the campus has been in operations for several years and there have been many changes at CSUMB, it is time to review that policy and determine if it should be modified, or left as is. Currently the Liability committee is reviewing the policy as well as policies from other campuses to determine if any changes are needed. Until the Liability committee completes its review and makes a recommendation I can not say if the current policy will remain or if a new version will be routed through the policy facilitation team."

In addition to the documents listed above, Stamps provided copies of student handbook information relative to alcohol use and student conduct and the Human Resources policy on drugs and alcohol. She pointed out

that the University Police Department could enforce the penal code, but not University Policy. They have the option of making a report to the Student Conduct Officer, if there is a problem. Residential Life has its own procedure for the residence halls and student apartments, which appears on the contract that students sign, as well as the License Agreement Booklet which Residential Life Director Cindy Derrico provided for this article. Res Life's policy comes from the Foundation, which is a separate legal entity from the university. "You've got a lot of mechanisms coming to bear on the same set of issues. You're getting at the same thing, but you have different ways that you can get there," said Stamps. Alcohol awareness education is the key to determining how students choose to be responsible when legally using alcohol according to Stamps. Currently during Orientation Week, CSUMB offers this information to incoming freshman and sophomores during orientation.

Holly White, CSUMB's News and Public Information Officer, said that everyone (Res Life, University Police Department, anyone who's drinking on campus) needs to be informed of any policy in a much more visible manner. "One policy is needed. When there are multiple regulations or expectations of conduct, then there is less awareness than if there was one set of rules. Whatever the policy, it needs to be enforceable and effective for CSUMB."

Editor's Note: After the *Otter Realm* published the edition related to alcohol use, several students, staff and faculty commented that they were glad that such an important, but "silent" issue brought to the forefront, including Ms. Stamps. In that respect, we've done our job. We did learn that it pays to research a subject well, especially when it comes to CSUMB's history. Many items and pieces of information remain hidden, not due to malice, but due to the lack of communication and the daunting paper trail. As soon as the Policy Facilitation Team approves an alcohol policy that has gone through the policy development process, the *Otter Realm* will let readers know.

Y2K: Continued from page 1

will be a smooth transition into 2000 with no major glitches." To deal with any small problems that could arise Latino noted that "A selected operational emergency staff will be on site New Year's Eve and new Year's Day to address any problems."

The team also released a list to help people prepare for possible inconveniences related to Y2K:

1. Take out extra cash from your bank to make purchases in case credit and debit cards do not work.
2. Store several gallons of water in sound plastic containers for food preparation and

sanitation. Have extra toilet paper, paper plates, plastic eating utensils, matches, disinfectant/bleach and a fire extinguisher on hand.

3. Have plenty of nonperishable food on hand to cover several days. Do not forget your pet food. If there is a power failure, use refrigerated goods first, then frozen goods.
4. Have non-electric can opener and utility knife available.
5. Have an alternative cooking source like a barbecue or camp stove (outdoor use only).
6. Have sleeping bags ready or extra blankets and warm clothes.

7. Have enough garbage bags available.
 8. Have updated medical, dental, financial and legal records on file and available.
 9. Make the inability to use a telephone part of your emergency preparedness plan.
 10. Keep your vehicle fuel tank at least half full.
 11. Plan for activities that do not require power: cards, books, board games.
- KEEP AN EXTRA STOCK OF BATTERIES** for portable radios/CD players and flashlights.
12. Make sure you have an ample supply of your prescription drugs.
 13. Check Y2K compliance for your

home security, fire, garage door, programmable thermostats and computer systems.

14. Check for additional information from our Monterey County Office of Emergency Services by calling 755-5158 and Pacific Gas and Electric at 1-800-743-5000. Informational web sites include: California Governor's Office of Emergency Services at www.oes.ca.gov, the American red cross at www.redcross.org, Federal Emergency Management Agency (FEMA) at www.fema.gov and Pacific Gas and Electric at www.pg&e.com
15. Above all, **DON'T PANIC!**

Radio: Continued from page 1

CSUMB students. The show deals with cutting edge issues and promotes community service organizations. 'Bored on the Ord' is not run by corporate sponsors, freeing the show from commercial influence. Oh, and the music is great too," says Mullins.

Levinson's students have also had radio experience from producing a live radio show at KAZU, 91.9 FM. "Radio UFO" can be heard any Wednesday morning, from 4:00 a.m. - 5:00 a.m.

CSUMB would like to encourage the public to access the live internet stream and listen to the views and music of CSUMB's students. Anybody who has a computer with a web browser can listen to the show by connecting to the

following URL:

Those with RealPlayer G2 go to the following link: <http://www.ib-networks.com/csumbradio5000>

Those with RealPlayer 5.0 should go to the following link: <http://www.ib-networks.com/csumbradio5000>

For more information about CSUMB's live internet stream, or about the student produced show, please contact Steven Levinson at 582-4260.

The show is being produced by the Institute for Teledramatic Arts & Technology in collaboration with Student Voice, the Work Group and New Media Services, with special appreciation to Ski Romagnoli and Hossien Koch.

Birdhouse

By David Swartz



"Wait... there were THREE of us about an hour ago!"

KWAANZA: Continued from page 5

mkeka reminds us of our traditions. It is a place to start building our future. The *mazao* and *muhindi* belong on top of the *mkeka*. *Mazao* are fruits and vegetables. They stand for unity. They represent the rewards of working together. *Muhindi* are ears of corn. There should be one ear of corn for each child in the family. Children are the center of the Kwanzaa celebration. They represent our hopes for the future.

At Kwanzaa time, we share a unity cup. We call this cup the *ikombe cha umoja*. Everyone takes a sip out of it. It stands for our togetherness, or unity, the first principle of *Nguzo Saba*.

We also use a *kinara*, a candleholder, at Kwanzaa time. We call the seven candles *mishumaa saba*. They are red, green, and black. These are also colors of the *bendera*. The *bendera* is the African-American flag. It was originally created by Marcus Garvey, a revolutionary who worked for the welfare of the African Americans. The red is for the blood of the African people, the black is for the face of the African people, and the green is for the hope of new life. There is a proper way to set up the *kinara*. As you face the *kinara*, three red candles should be on your right, three green candles on the left, and a black candle in the middle. We light a candle for each day of Kwanzaa. On the first day we light the black one. On the second day we light the black one and a red one. On the third day we light the black one, a red one, and a green one. We continue this pattern until *imani*, when all candles are lit. The *kinara* stands for the first African men and women.

There are many different ways to celebrate Kwanzaa. Many people start by asking, "Habari gani?" That means "What's the news?" Then someone, usually a child, answers with the *Nguzo Saba* of the day. Then you light the candles. After you light the candles, you talk about the belief of the day. You might tell a folktale, talk about a famous African American, or tell how the *Nguzo Saba* affects your life. It should be a time to share your thoughts. You can stay home with your family, or find out what is going on in your community and join other people. After the candles and the sharing, people call *Harambee!* It means "let's pull together!"

Food is a very big part of the celebration. Every night of Kwanzaa, you can try dishes from places where the ancestors of African Americans lived. One night you could have Zambian food. The next night you could have food from the Sudan. Then you could try Ghanaian food. This is a good way to warm up for the big night. *Karamu* should be a great feast. On the night of *karamu*, there are many ways to enjoy the feast. You could have a dinner party or go to an African restaurant. This is a night you share with many people.

Karamu is a very special night. This is the night of the biggest party of Kwanzaa. One of the most important parts of *karamu* is the food. There should be plenty of food! At the feast, there can be African and African-American music, dances, art, and stories. You could also have speeches. It is a celebration of African-American heritage. It is a time for people to tell others about themselves. It is a time to remember the people who have worked to make our lives better. It is a feast of the past and the present and our dreams for the future. Kwanzaa is a celebration that asks all of us to take care of each other and honor ourselves. It is a time for friends, family, food, and fun! So light the candles! Fly the *bendera!* Eat!

**KWANZAA YENU IWE NA HERI!
MAY YOUR KWANZAA BE A HAPPY ONE!**

Holiday Depression

By Charles Stringer, Jr.

With the holidays just around the corner and the hustle and bustle of people making ready for parties and celebrations, not everyone will be as upbeat and happy about the holidays as others. This time of the year is not a very happy time for so many people for many different reasons. Many people have lost loved ones, so many are far from home and will not be home for the holidays, others don't have enough money to do all they want to do and some people just don't have many friends and/or associates. This is a time when depression can sneak in and take over.

Depression is a mental state characterized by feelings of sadness, loneliness, despair, low self-esteem, and self-reproach; accompanying signs include psychomotor retardation or at times agitation, withdrawal from interpersonal contact, and vegetative symptoms such as insomnia and anorexia. The term refers either to a mood that is so characterized or to a mood disorder. Holiday depression is a common experience for so many people and affects thousands of Americans. Holiday depression is more common than one might think; it affects persons of all ages, the rich and the poor, people from all walks of life. In most cases, such feelings are temporary, but some people, who may have a pre-existing genetic biochemical vulnerability, develop a depressive illness.

Students often find themselves caught up in a state of depression during this time of year. With classes just finalized and the coming of another semester, it is sometimes difficult for some students to adjust, especially when they remain on campus and are not with their families. Also, there are many downsides to the holiday season that seem incongruous to such a festive season. Domestic violence and suicide are often products of holiday depression. Huge bills after the holidays, family and friends leaving for their homes, the weather whether gloomy or rainy or even sunny can add to the depressive state of an individual during the holiday season. According to a factsheet published by the National Mental Health Association, "Although many people become depressed during the holiday season, even more respond to the excessive stress and anxiety once the holidays have passed. This post-holiday let down after January 1 can be the result of emotional disappointments experienced during the preceding months as well as the physical reactions caused by excess fatigue and stress."

Do what it takes to get through the holidays in a safe, upbeat, happy and non-depressive manner. It's important to remember that the holidays, like everything else, will pass. To make the time more enjoyable, find out what activities are taking place in your area during the holidays. Get together with others who might be a bit lonely and find out what events everyone can experience together.

In the event additional assistance is needed for people here at CSU Monterey Bay, the Personal Growth and Counseling Center (Bldg. 99) is there. Please note that the PGCC will be closed during the winter break, from December 23-31, and will re-open on Monday, January 3, 2000. For veterans, the VA Clinic adjacent to the Campus Health Center is available.

Warm wishes for a safe and happy holiday season and New Year!

The National Mental Health Association offers some tips for coping with Holiday Depression

- Keep expectations for the holiday season manageable by not trying to make the holiday "the best ever." Try to set realistic goals for yourself. Pace yourself.
- Remember that the holiday season does not automatically banish reasons for feeling sad and lonely; there is room for these feelings to be present, even if you choose not to express them.
- Let go of the past! Don't be disappointed if your holidays are not like they used to be. Life brings changes.
- Don't drink too much. Excessive drinking will only make you more depressed.
- Do something for someone else. It is an old remedy, but it can help. Try volunteering some time to help others.
- Find time for yourself! Don't spend all of your time providing activities for your family and friends.

Important Telephone Numbers

- Peer Counseling Program 582-4850
- Chomp 24 hours or after-hours crisis- 625-4623
- Emergencies
On Campus- 9-911
Off Campus- 911
- POSTPONE/ Peer Mentor Program- 582-3973
- Personal Growth and Counseling Center Main Number -582-3969

PGCC will be closed from December 23-31. It will reopen

Otter Realm Positions Open

- Editor-in-Chief
- Staff Reporters
- Staff Photographer

Contact
Holly White
At 582-3653
or Otter Realm
on Firstclass

Printing Compliments of



On Campus and Around the Bay

On Campus Events

December 8

Teacher Preparation Informational Meetings
5:00- 6:30 pm (to be held the second Wednesday of every month) Building 3
Individuals interested in becoming teachers can have all their questions answered at monthly Teacher Preparation Informational Meetings, the second Wednesday of each month. Lydia S. Martinez, CSUMB's Credential Analyst, will be available to answer questions as well as distribute applications and other documentation between 5-6:30 pm the second Wednesday of every month. The deadline to apply for the Spring program is November 1, 1999. **For more information:** If you have any questions about this event, the CSUMB Teaching Credential Program, the CLAD or BCLAD, please call Lydia S. Martinez at 582-3638.

December 11

EPT and ELM testing. For more information and times and locations call 582-3518

December 12

CSUMB's Winter Concert 3:00-5:00pm

World Theater, building 29

\$10 general admission; \$7 senior/military/alumni; \$5 student; Children 12 and under are free. CSUMB's Chorale, gospel Choir, big Band, and pianist Lyn Bronson will all be featured. Come out and enjoy some festive holiday music under the direction of Paulette Gissendanner and Paul Contos.

For more information: please contact Shirlene Campbell @ 582-3009

Around the Monterey Bay

(For times and locations of the events listed below call the informational phone number provided)

December 8

Hospice Tree-of-Life Lighting Ceremony
(831) 333-9023 The 30-foot-high tree to be lit is decorated with hundreds of white lights, each representing a minimum \$15 donation to Hospice Foundation for the Central Coast. This event includes a brief program that introduces a family touched by hospice care in the past year, as well as scheduled performances by the Monterey High School Choir and the Monterey Peninsula Handbell Choir. Donations and dedications may be made through the hospice web site, www.hffcc.org or by calling the Hospice Foundation at 831-333-9023.

December 8

Christmas at the Inns (831) 373-3304

A self-guided tour of several bed and breakfast inns decorated for the holidays.

December 9, 11

Christmas in the Adobes (831) 647-6226

Twenty historic adobes are decorated and staffed as you would have seen them 100-150 years ago.

December 10

La Posada (831) 646-3866

Christmas candlelight parade led by Joseph and Mary with participants singing Spanish and English Christmas carols. A pinata party and refreshments follow.

December 12

Stillwell's Snow in the Park (831) 373-3304

Caledonia Park in Pacific Grove covered in a blanket of glistening snow, festive twinkling lights, holiday carols, Santa's workshop. Frosty the Snowman, hayrides, and entertainment.

December 12

Happy Holiday Parade (831) 899-6270

Celebrating the holiday season with family and friends. The holiday parade includes bands, floats, drill teams and Santa.

December 12

Santa Fly-In and Christmas Parade

Carmel Valley: (831) 659-3938

December 18

Monterey Institute of International Studies Commencement Ceremony

Monterey: (831) 647-4128

December 31

First Night Monterey (831) 373-4778

A celebration of New Year's Eve through the arts; a magical sampler of the very best visual and performing artists of our region—for the whole family! 2 PM to Midnight.

December 31

A Big American New Year's Eve presented by

Sandy Shore Productions (831) 649-1223

This New Year's Eve celebration takes place at Embassy Suites in a cruise-ship atmosphere which includes food and beverages, live music and dancing until 1:00 a.m. Twelve-story balloon drop at midnight; balloons contain prize certificates winning you hotel stays, wine, champagne, CDs, cash or more!

January 1

10th Annual Rio Grill Resolution Run Carmel: (831) 644-2427

This 6.8 mile foot race and 3-mile family fun run is set on abreathtaking cross-country course and benefits local nonprofit organizations.

January 14 - 30

Whalefest 2000 Monterey: (831) 649-6544

Celebrate the annual migration of the gray whales through a wide variety of events such as art projects, storytelling, whale watching and exciting exhibits for the entire family.

January 20 - 23

Monterey SwingFest

Monterey: (805) 937-1574

Dance workshops feature past & present world and national champions – open dancing until 5 a.m.

January 23 - 25

Monterey Symphony

Carmel: (831) 624-8511

Roberto Minczuk, assistant conductor of the New York Philharmonic leads the orchestra in the music of Ginastera, Barber and Copland.

CSU, MONTEREY BAY STUDENT DISABILITY RESOURCES

SDR accommodates students with learning, mobility, vision, or psychological disabilities, chronic medical conditions, and those who are deaf or hard of hearing.

CALL TODAY:

Telephone: (831) 582-3672

Fax & TTY: (831) 582-4024

Res. Hall Building 202 Room 104

student_disability_resources@monterey.edu

www.csumb.edu/student/sdr/

\$\$ * INTERESTED IN EMPLOYMENT?? * \$\$

Please visit Career Development, Bldg. 44, for employment opportunities at SDR.

Christmas Eve Candlelight Service 10:00 PM

*"A Marina
community
Christmas
tradition"*



Epiphany Church - Lutheran & Episcopal

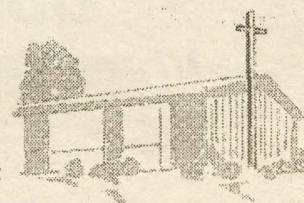
425 Carmel Ave.

Marina, CA 93933

(831) 384-6323

perez@mbay.net

Sunday Morning Service 10 am



This is a paid advertisement